

POPPY Playgroup

A free supported playgroup for mothers and their children

POPPY Playgroup is a playgroup run by Orana NSW Inc in partnership with South Eastern Sydney Local Health District and Sutherland Shire Council. POPPY aims to specifically engage mothers who are experiencing emotional distress, mental health challenges or have a diagnosed mental illness. The playgroup is open to all mothers from all areas, however priority is given to those living in the Sutherland Shire.

When: Thursdays 10am–12pm

**Where: Stapleton Ave Community Centre
3a Stapleton Ave Sutherland**

Email us: Earlysupport@oranansw.org.au

