

# ST GEORGE & SUTHERLAND

## Mental Health Interagency

### St George and Sutherland Mental Health Interagency Meetings 2024

The St George and Sutherland Mental Health Interagency meets bi-monthly on the 4<sup>th</sup> Wednesday of the month from 2pm – 4pm. The meetings are open to all services, consumers, families/carers and workers who have an interest in the mental health sector within St George and Sutherland LGAs.

<u>Meetings for 2024</u>
<p><b>Wednesday 27 March, 2-4pm</b> <b>Face to face session</b> <b><i>HOMELESSNESS / NETWORKING</i></b></p> <p><b>Cronulla Central Community Hall</b> [next to Cronulla Library on Floor 1] Floor 1, 38-60 Croydon Street Cronulla 2234 New South Wales Australia Parking – Free parking in Car Park on Croydon Street, adjacent to the Centre.</p>
<p><b>Wednesday 22 May, 2-4pm</b> <b>Online session</b> <b><i>ALCOHOL AND OTHER DRUGS and MENTAL HEALTH</i></b></p> <p>ONLINE via TEAMS [link to be sent prior to meeting]</p>
<p><b>Wednesday 24 July, 2-4pm</b> <b>Face to face session</b> <b><i>SUPPORTING THE MENTAL HEALTH OF REFUGEES</i></b></p> <p><b>Dragon Room, Level 1, Georges River Council Civic Centre</b> Corner MacMahon and Dora Streets, Hurstville [On arrival, report to concierge and they will point you to the Dragon Room] Parking – Council carpark next to the Centre (corner of Park Rd/Queens Rd/MacMahon Streets), 1 hour free and 2-3 hours \$3. Additionally, there is street parking available in the streets between Hurstville Library and Hurstville Oval. Public Transport – The Centre is a 7 minute walk from Hurstville Station and 7 minute walk from Hurstville bus interchange.</p>
<p><b>Wednesday 25 September, 2-4pm</b> <b><i>NDIA UPDATE / PREPARATION FOR MH MONTH</i></b></p> <p>ONLINE via TEAMS [link to be sent prior to meeting]</p>
<p><b>Wednesday 27 November, 2-4pm</b> <b>Face to face session</b> <b><i>RECOVERY PATHWAYS AND HOW TO SUPPORT SOMEONE ON THEIR RECOVERY JOURNEY</i></b></p> <p><b>Dragon Room, Level 1, Georges River Council Civic Centre</b> Corner MacMahon and Dora Streets, Hurstville [On arrival, report to concierge and they will point you to the Dragon Room] Parking – Council carpark next to the Centre (corner of Park Rd/Queens Rd/MacMahon Streets),</p>

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**For more information or to provide any feedback/suggestions about the Interagency please contact:**

**Contact:** St George & Sutherland Community Mental Health Community Development Coordinator  
Jessie Li – [Yu.Li2@health.nsw.gov.au](mailto:Yu.Li2@health.nsw.gov.au) or 9553 2500

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