



Lifestart

Empowering children and young people with a disability, as well as their families and communities, to reach their full potential.

Lifestart is a National Disability Insurance Scheme (NDIS) Registered Provider with a long and passionate history. We were established in 1996 by a group of eight families who wanted more involvement in their children's support.

Our first program was run in a single classroom at Turrumurra Public School. Now, Lifestart supports over 10,000 children and young people every year, face-to-face in New South Wales and through online support programs accessed across the country. We also provide individualised support for community organisations and businesses to be more inclusive for children and young people with disability.

We believe every child has the right to be fully included in their communities, and with the right supports in place, can do so and lead the lives they deserve.



Partner with our Community Capacity Building Team

We understand that children with additional needs can fall through the cracks of a complex system where many do not have the support they need. One of the ways we address this is through our Community Capacity Building team who address the gaps that stop these children being adequately supported. We do this by partnering with community groups and organisations who want to support children under 9 years of age with additional needs.

We facilitate a holistic approach. Our team of trained experts in early childhood support and intervention can connect you to support services and groups in local communities with the children and families who live in them - helping you remove barriers, build knowledge and access the right resources.

This service is delivered through the NDIS Early Childhood Approach, meaning successful partner proposals can be undertaken with no incurred service charge to our partner organisation. Talk to us today about how your organisation can start empowering children and young people with disability by better including them.

lifestart.org.au

Inclusive Playgroups

What?

Lifestart will work with community and supported playgroups to increase their knowledge and promotion of mainstream services and inclusive practices to support increased opportunities for the inclusion of children with disability and developmental delay and their families/carers. The aim of the project is to increase social opportunities for young children with disabilities and developmental delays and their families/carers to participate in and benefit from playgroup experiences. The project will also provide an opportunity to fill gaps in knowledge about the National Disability Insurance Scheme (NDIS) Early Childhood Approach and appropriate referral pathways.

When?

July 2024 – June 2025.

Where?

Georges River LGAs, South East Sydney – Bayside, Randwick, Sutherland Shire.

Who?

Supported and Community Playgroups in the South East Sydney area.

How and Why?

This CCB project will involve collaborative work with our stakeholders. Some of the key activities we aim to deliver, include:

- Support that is tailored to the stakeholder's specific needs
- Planned presentations / information sessions
- Capacity building of staff around inclusive practices to implement in their programs and practices
- Support linkages to other stakeholders in the community for a more holistic, engaged community approach
- A key area for the project is to build capacity for sustainable growth, fostering a culture of continuous learning and improvement amongst the staff, volunteers and families. We aim to embed long-term, sustainable practices, skills and impart resources with a view to reduce our support by the end of the project.

Cost?

FREE (funded by NDIS)

For more detail

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Delivering the NDIS in
your community