

## Psychological Support Service open to referrals, including suicide prevention support

We are excited to announce that the Psychological Support Service (PSS) program is accepting new referrals, including suicide prevention support. This is a free service, designed to support the mental wellbeing of people residing within the Central and Eastern Sydney region, who are experiencing financial barriers to care.

PSS offers comprehensive psychological supports to assist individuals in managing mental health challenges including anxiety, stress, and depression. The PSS is delivered face-to-face or via telehealth with trained and qualified mental health professionals. Bilingual providers and translation services are also available.

# Psychological Support Services