

# Understanding Changes in Behaviour

Sutherland, NSW  
Wednesday 30 October 24

This session provides an introduction to dementia and changes to the brain, effects on behaviour and the impacts of changed behaviour. It will introduce problem solving models, including strategies to minimise and respond to changed behaviour.

This session is delivered interactively, you will be encouraged to share your experiences alongside other participants giving you an opportunity to develop new support networks.

**Suitable for:** Family carers and family members of people living with dementia. This session is not suitable for professionals employed in the health or aged care sectors.



**When:** Wednesday 30 October 24  
10am - 1pm (3 hours)

**Where:** Sutherland Library Meeting Room  
30 - 36 Belmont Street,  
Sutherland NSW 2232

**Cost:** Free

**Additional information:**

Bookings are essential.  
To register, please click this link:  
<https://ucb-s.eventbrite.com.au>

Limited all day parking is available opposite the library on 6 - 8 Stapleton Avenue.

**Find out more**

For enquiry, please email: [Gemma.Mitchell@dementia.org.au](mailto:Gemma.Mitchell@dementia.org.au) or call Gemma on (02) 8875 4671

This program and the National Dementia Helpline are funded by the Australian Government.

National Dementia Helpline **1800 100 500**

Find us online **[dementia.org.au](https://dementia.org.au)**



For language assistance  
call **131 450**