

# Exploring Alcohol, Gambling, Drug Use & Wellbeing

**Date:** Wednesday 27 November 2024  
**Time:** 10:00am – 1:00pm  
**Venue:** Recovery & Wellbeing College  
Unit 2, Ground Floor, Kirk Place  
15 Kensington Street Kogarah 2217

Students will explore how and why people use alcohol and drugs or spend too much time gambling, and the impact that use can have on a person's health and wellbeing. The course will explore treatment options, strategies to cope with lapse or relapse and resources and information about services that are available to support and improve health outcomes.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



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For more information  
please contact the  
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