



NEW!

Cronulla Anxiety Support Group

Wayahead's support groups are a non-judgemental place for people with anxiety and/or their family, carers and friends to meet. Meetings are run by trained volunteers. Groups are for ages 18+.

**Cronulla RSL, Soldiers Rm4,
38 Gerrale St, Cronulla**

**2nd Monday of the month
from 6.30pm to 8.30pm**

Wayahead® 
Anxiety Support Groups

To register please email supportgroups@wayahead.org.au or call 1300 794 992