
KIDS BUILDING BRIDGES

Kids Building Bridges centres on children of separated families. The program is designed to focus on children's resilience and provide strategies to assist through family separation.

This program assists children to:

- Build their resilience, increase protective behaviours and understand their right to be safe in their family
- Understand feelings about family separation and become aware of the family changes
- Recognise they are not alone by building social and emotional competencies
- Increase awareness of support networks
- Recognise healthy and unhealthy relationships
- Develop respect for different types of relationships and make choices that are respectful of others



**Bookings essential
call 8522 4400**

WEDNESDAY

4 pm - 6 pm

12 March 2025

VENUE

Level 3, Suite 301
304-318 Kingsway, Caringbah

COST

\$25 (or \$15 concession)