## Café Connect Sutherland & St George

## The Tradies Club, Gymea

57 Manchester Road, GYMEA, NSW 2227



## **2025 DATES**

Second Tuesday of every month

10:30am 12:30pm

January 14th

February 11th

March 11th

April 8th

May 13th

June 10th

July 8th

August 12<sup>th</sup>

September 9<sup>th</sup>

October 14th

November 11th

December 9th



Café Connect, provides an opportunity for people with a dementia diagnosis and their carers to come together to share experiences and provide mutual support.

A local Service Provider is invited each month to chat to members about their service.

For more information, please contact Julie Hill, Dementia Support Specialist on 0482 162 147

