

EVIDENCE BASED

Free Parent Program

Co-Developed with Families for Families

ENVISAGE is a peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodiverse.


The program is designed to help you:

- Feel more **confident and competent** in making decisions for your family
- Discover **practical, evidence-based strategies** to help you better understand and advocate for your child's needs.
- **Connect with others** who may be on similar journeys and share experiences





How does the program work?

All workshops are **interactive**, combining presentations with in-depth group discussions and practical exercises.


 5 x Weekly Workshop Sessions


 Up to 90 minutes per workshop

 Facilitated by a qualified professional from Lifestart and a Parent Peer


 No cost to you. Your child does not need a NDIS plan or diagnosis to participate.


Upcoming online programs

 Tuesday Weekly Sessions
18 Feb - 18 Mar


 7:30pm-9pm


[Click here](#) to register

 Tuesday Weekly Sessions
25 Feb - 25 Mar

 11am-12:30pm


[Click here](#) to register

 Monday Weekly Sessions
3 Mar - 31 Mar

 10:30am-12pm

[Click here](#) to register

Contact us for more information or for assistance with the registration process:

 (07) 3861 6079

 envisage@acu.edu.au

 <https://envisage.community>