

Life Beyond Psychosis

Date: Friday 21 February 2025
Time: 10:00am – 1:00pm
Venue: St George and Sutherland Community College
127-129 Sutherland Road, Jannali

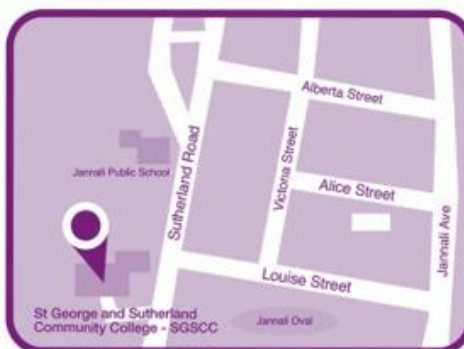
This course aims to provide students with the opportunity to use a range of tools, skills and strategies to enhance resilience and improve wellbeing in the context of psychosis.

Students will engage in activities that may assist in their recovery journey, focusing on approaches that foster a sense of empowerment and personal growth.

This course extends learning from Exploring Psychosis.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



For more information
please contact the
Recovery & Wellbeing
College Team

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