

Navigating Mental Health & Other Services

Date: Thursday 20 March 2025
Time: 10:00am – 3:00pm
Venue: Recovery & Wellbeing College
Unit 2, Ground Floor, Kirk Place
15 Kensington Street Kogarah, NSW 2217

In this course, students will develop skills, knowledge and attitudes to make informed choices about using and working with public and private mental health as well as primary health care (GPs) and other community services and the National Disability Insurance Scheme (NDIS).

The course will introduce students to the structure of mental health services in South Eastern Sydney Local Health District, the roles of the different professions, and gain knowledge of consumer and carer rights and responsibilities.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



Photo by Mark König Unsplash



For more information
please contact the
Recovery & Wellbeing
College Team

9113 2981

SESLHD-
RecoveryCollege
@health.nsw.gov.au