

Suicide Recovery and Hope

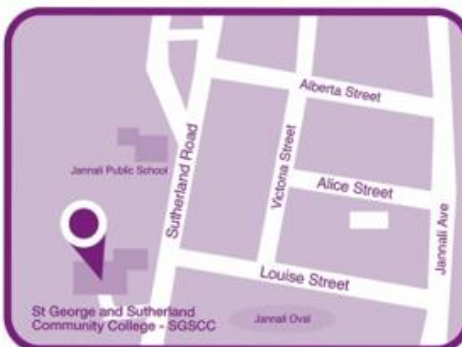
Date: Friday 28 February 2025
Time: 10:00am – 2:30pm
Venue: St George and Sutherland Community College
127-129 Sutherland Road, Jannali

For many people who experience mental distress or have an alcohol or other drug dependence, suicidal thinking or behaviour can be an ongoing and at times overwhelming aspect of their lived experience.

This course will offer students the skills to speak honestly about suicide, recognise potential signs of and respond to escalating distress. Students will also gain an understanding of the support available and the opportunity to challenge myths and stereotypes about suicide.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



For more information
please contact the
Recovery & Wellbeing
College Team

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