



# YOUTH MENTAL HEALTH FIRST AID COURSE

Become an accredited  
Youth Mental Health  
First Aider.

PROJECT YOUTH'S  
FUNDED COURSE COST

**\$50**  
~~\$350~~  
NORMALLY



LIMITED SPACES!

## COURSE DATES

- Tue & Wed 4-5 March @ Menai
- Mon & Tue 14-15 April @ Miranda
- Thu & Fri 12-13 June @ Menai

**Please note:** Participants must attend **2 full days from the same session** to complete the training. For ages **18+**. A non-attendance fee will apply for cancellations made within 7 days of the course start date. Sessions run from 8:30am - 5pm each day, lunch is provided.



MENTAL HEALTH  
FIRST AID®  
Australia  
Licensed Instructor

*“The environment was so supportive & facilitators were super friendly. I really liked that it was important creating a safe & comfortable space for us to learn. I learned a lot!”*

- RECENT PARTICIPANT

If you are a young person facing financial hardship, and wish to enrol in this course, please contact us for assistance.

To register or more info: [peerworker@projectyouth.org.au](mailto:peerworker@projectyouth.org.au)  
[www.projectyouth.org.au](http://www.projectyouth.org.au)