




Jannali
Kurranulla Aboriginal
Community Centre





FREE VACCINATIONS


For Aboriginal Elders, Aunties, Uncles, and adults, including women who are pregnant

Walk-in Appointments Welcome
No Medicare Card, No Worries

 **Monday 3rd February**
10:00am - 2:00pm

 **Monday 3rd March**
10:00am - 2:00pm

 **Monday 7th April**
10:00am - 2:00pm

 **Monday 5th May**
10:00am - 2:00pm

For more information, call the Aboriginal Health Team
9382-8333 (select option 7)

15 Jannali Avenue, Jannali NSW 2226

**STAY STRONG - STAY HEALTHY
PROTECT OUR MOB**



VACCINATION INFORMATION



The South Eastern Sydney Local Health District Public Health Unit – Aboriginal Health and Immunisation teams, in partnership with the Kurranulla Aboriginal Corporation and Community Centre, are offering free vaccinations for Aboriginal Elders, seniors, and adults, including women who are pregnant.

2025 Vaccination Clinics:

- Dates: 3rd February, 3rd March, 7th April and 5th May
- Time: 10:00am – 2:00pm
- Location: Kurranulla Aboriginal Corporation and Community Centre at 15 Jannali Avenue, Jannali NSW

Why Get Vaccinated?

- In 2024, many Aboriginal people across the South Eastern Sydney Local Health District area tested positive to an infectious disease leading to significant health challenges, including hospitalisations.
- Vaccines help increase your immunity, preventing serious illness and infection. Vaccinating on time can help prevent catching an infectious disease and spreading the disease, which might develop into a serious health problem in community.

Available Vaccines:

- Shingles
- COVID
- Pneumococcal (pneumonia)
- Vaccines for pregnant women (to protect both mother and baby)
- Influenza (flu jab) – available from April 2025

This is a great opportunity to protect yourself and your loved ones, especially those at higher risk.

Some common symptoms and complications from these infectious diseases include:

Shingles	Pneumococcal pneumonia	Influenza (Flu)
Painful rash with red bumps and fluid-filled blisters	Shortness of breath	Cough
Pain or tingling on one side of the body	Fever	Fever and chills
Headaches	Headaches	Headaches
Tiredness	Loss of appetite	Sore throat
Itching	Lack of energy	Runny or stuffy nose
	Chest pain	Tiredness
	Cough	Muscle aches
	Can progress to septicaemia or meningitis	Joint pain
		More serious than the common cold and severe cases can result in breathing difficulties and pneumonia

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