## <sup>3</sup>BRIDGES Managing vicarious trauma & burnout

Sector Support & Development in partnership with STARTTS presents a free 3.5 hour face-toface session for CHSP aged care workers



Tuesday 11 March 2025



9.30am - 1.00pm

3Bridges Ashfield
320 Liverpool Road Ashfield
Car park access via 135 Norton
Street



Facilitator Rafik Tanious 🥑



## REGISTER NOW

RSVP is essential as places are limited to 3 per organisation.

## DISCUSSION AND INSIGHTS

- Understand Vicarious Trauma
- Recognise and identify early signs
- Develop self-care strategies



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This training is organised in partnership between 3Bridges, ACCPA, ADS, CB City Council, ECSC, IDC, SCF, & STARS Training