

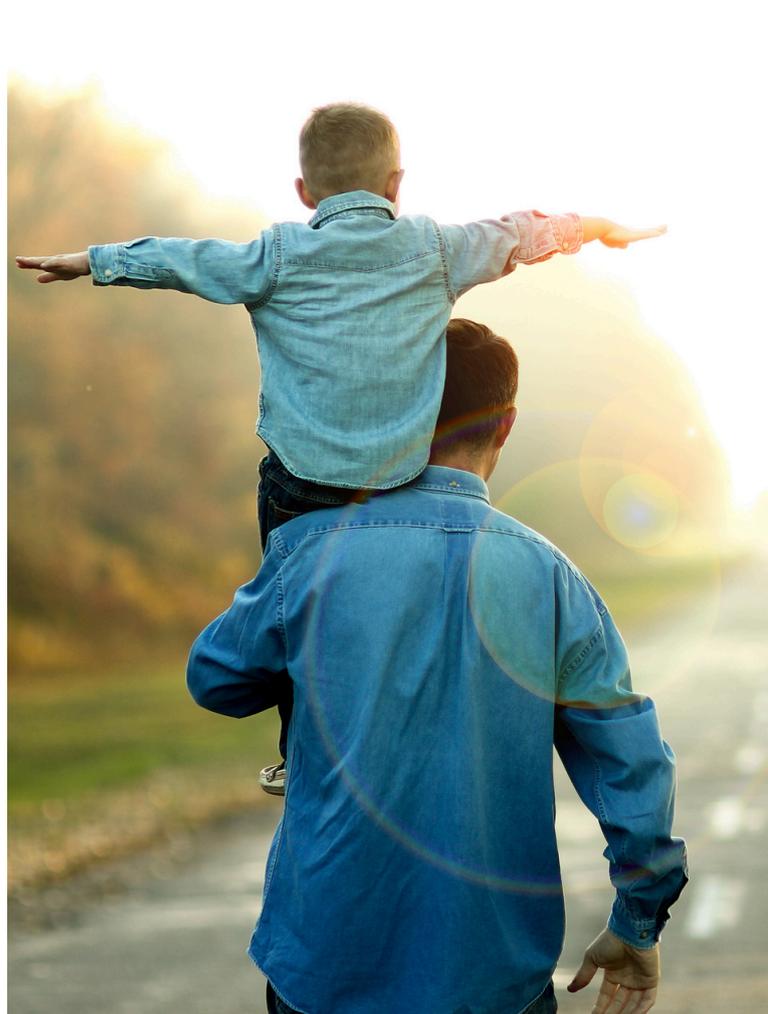


# KIDS BUILDING BRIDGES

Kids Building Bridges centres on children of separated families. The program is designed to focus on children's resilience and provide strategies to assist through family separation.

## This program assists children to:

- Build their resilience, increase protective behaviours and understand their right to be safe in their family
- Understand feelings about family separation and become aware of the family changes
- Recognise they are not alone by building social and emotional competencies
- Increase awareness of support networks
- Recognise healthy and unhealthy relationships
- Develop respect for different types of relationships and make choices that are respectful of others



**Bookings essential  
call 8522 4400**

---

**WEDNESDAY**

**11 March 2026**

**4 PM - 6 PM**

---

**VENUE**

Level 3, Suite 301  
304-318 Kingsway, Caringbah

---

**COST**

**\$25 (or \$15 concession)**