



**Interrelate will support you to build stronger relationships and help you meet your needs when you or your family are struggling. We are here to support you, your family, and your community during challenging times in your relationships.**

In line with our vision for reconciliation, Interrelate aims to provide services that enhance the wellbeing, safety and resilience of all First Nation's children, families and communities. We do this through culturally responsive practice driven by community need.

### **What we do**

- Strengthen family relationships
- Build stronger connections in communities
- Create supportive family environments for children
- Show respect, empathy, equality, compassion and empowerment to all, regardless of gender, sexuality, culture or age
- Support reconciliation with Australia's First Nations people

## **We have community development workers in all regions who can support you with the following:**

- work out details after a relationship breakdown
- separate when you have children
- support for you and your kids
- work together as parents
- speak with a counsellor
- organise supervised visits with your children
- address mental health challenges (youth) - CONNECT program
- complete court ordered programs
- get support if you're a carer
- address family conflict
- culturally safe educational programs for parents.



Contact us on  
1300 473 528 – Central Line  
Interrelate@interrelate.org.au - General Enquiries  
[www.interrelate.org.au](http://www.interrelate.org.au)

**Scan the QR code to find out more**