

Free Suicide Prevention Training for Central and Eastern Sydney Community Members

Central and Eastern Sydney region

If you live or work in the **Central and Eastern Sydney** region, you are invited to attend **free, in-person** suicide prevention training. The trainings are designed for anyone in the community.

The training is funded by **Central and Eastern Sydney Primary Health Network**. A reimbursement payment for attending the training is available to eligible participants.

- Sydney LHD
- South Eastern Sydney LHD



About the workshops



SafeTALK
Half-day workshop | Ages 15+

Learn how to:

- Recognise when someone may be thinking about suicide
- Start a conversation and connect them with the right support



Applied Suicide Intervention Skills Training (ASIST)
2-day workshop | Ages 18+

Gain in-depth skills to:

- Provide suicide first aid
- Keep someone safe who is thinking of suicide

For more information

For information and to register for selective training dates **scan the QR code on the right** or access via link below:

<https://shorturl.at/pfULK>



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CENTRAL AND
EASTERN SYDNEY

An Australian Government Initiative

Central and Eastern Sydney Primary Health Network

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