

Cafe Connect

Café Connect, provides an opportunity for people with a dementia diagnosis and their carers to come together to share experiences and provide mutual support.

A local Service Provider is invited each month to chat to members about their service.

For more information, please contact Julie Hill,
Dementia Support Specialist on 0482 162 147

2026 Dates

Second Tuesday of every month

Time

10:30am - 12:30pm

Where

The Tradies Club, Gymea
57 Manchester Road,
GYMEA, NSW 2227



Date

January 13th
February 10th
March 10th
April 14th
May 12th
June 9th
July 14th
August 11th
September 8th
October 13th
November 10th
December 8th

Guest

Nightingale Program - Care Plans
Senior Rights - Wills/Guardian
Sinclair Cottage short term respite
Videri Respite services
Refresh Retreat - BaptistCare
Senior Rights - Advocates
Healthy Ageing - Kai Mia
Memory Lane Cafe Thirroul Coordinator
Dementia Australia Counsellor
Civic services
Carers Gateway
Christmas celebration - Lions Club members