



JACARANDA
WOMEN'S HUB

Jacaranda Women's Hub
Presents

Pathway to Healing
A WOMEN'S SUPPORT GROUP

Weekly from Tuesday 7 April to Tuesday 12 May
12.00-2.00pm

A journey towards healthy, empowered relationships.

This 6 week support group is for women who may have experienced relationship trauma.

A safe space to connect with other women and commence your healing journey

Topics covered will include:-

- How the web of trauma and abuse begins
- Why do I feel like this? The impact of trauma
- Grief and loss
- Getting unstuck, making the right choices, and moving towards healthy relationships

The group will be facilitated by Relationship Counsellor Rada Pantzer.

Please contact Rada to register and see if this group is suitable for you.

Email: rada@radapantzer.com.au

Ideally participants should attend all sessions on 7, 14, 21, 28 April and 5 & 12 May, as each session builds on the previous session