



Course for Parents of Low School Attenders

School Refusal can highlight unidentified problems young people are experiencing. This course is designed to give parents tools to assist their children.

Parents of young people in the St George and The Sutherland Shire now have an opportunity to gain information they need to improve the sense of well-being in their family. Our goal for this eight-hour course is to enable young people to deal with school.

Parents will have the opportunity to meet with other parents in the convenience of their own home and join in activities to help them discover how to:



- Deal with the mystery of Adolescence.
- Assist young people to accept their feelings.
- Communicate with young people.
- Raise Self Esteem in their family.
- Invite responsibility in young people.
- Help young people handle school.

Three Family Therapy sessions are available at completion of the course.

Date of next Course: 12th May 2026

Time: 7pm to 8pm

Where: At home – on Ms Teams.

Presenter: Yvonne McDonell (Family Therapist at Project Youth)



This free course is subsidised by Project Youth. Course material will be sent to you when you register for the course. Bookings are essential and places are limited. To book or contact Yvonne at yvonne@projectyouth.org.au or 0409 798 124 or register on the Project Youth website www.projectyouth.org.au.