

# Exploring Hoarding

**Date:** Tuesday 5 May 2026  
**Time:** 10:00am – 2:00pm  
**Venue:** Recovery & Wellbeing College  
Unit 2, Ground Floor, Kirk Place  
15 Kensington Street Kogarah 2217

Living in situations of hoarding or compulsive acquiring can have a big impact on a person. People may experience judgement or shame from others, be fearful of eviction and have increasing levels of anxiety and distress. In this course, students will develop an understanding of how hoarding impacts people and what services and other supports are available to assist in recovery from this experience.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



For more information  
please contact the  
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