

Exploring Trauma for Women

Date: Friday 1 May 2026
Time: 10:00am – 1:00pm
Venue: St George and Sutherland Community College – SGSCC
127-129 Sutherland Road, Jannali NSW 2226

This course, specifically for women, aims to provide a safe and supportive environment to explore the topic of trauma.

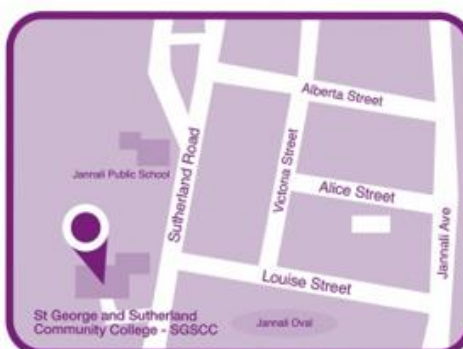
Students will explore the nature and impacts of trauma experienced by women, the possibility of healing and post traumatic growth and gain an understanding of trauma-informed services within and beyond the mental health sector.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



Photo by Hannah Busing Unsplash



For more information
please contact the
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