

Recovery & Healing through Storytelling

Date: Thursday 30 April 2026
Thursday 7 May 2026
Thursday 14 May 2026
Thursday 21 May 2026

Time: 10:00am – 12:00pm (2 Hours x 4 Weeks)

Venue: Recovery & Wellbeing College
Unit 2, Ground Floor, Kirk Place
15 Kensington Street Kogarah 2217

This course will provide students with an opportunity to explore and reflect on their journey through inspiring mediums such as poetry, photography, art, visual journey boards and creative writing. It is designed for anyone interested in using storytelling using such mediums to support their recovery and healing.

Students who wish, may also bring their story to life by creating their individual recovery story in a medium of their choice.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



For more information
please contact the
Recovery & Wellbeing
College Team

9113 2981

SESLHD-
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