

# Committee Work Blended – Face to Face / Online

**Date:** Tuesday 30 June 2026  
**Time:** 10:00am – 2:00pm  
**Venue:** Recovery & Wellbeing College  
Unit 2, Ground Floor, Kirk Place  
15 Kensington Street Kogarah, NSW 2217

This practical course aims to provide students with an understanding of the purpose of committee work and how to participate effectively.

Students will explore roles within committees and deal with challenging situations and strategies to overcome these.

We will also explore examples of local, state and national mental health committees and look at ways to get involved.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



For more information  
please contact the  
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