



JACARANDA
WOMEN'S HUB

Jacaranda Women's Circle

Welcomes



Belonging Workshops for Mums

Tuesday 23 and 30 June 1–2:30 pm

Week 1 - How do we belong as parents?

Week 2 - Altar of Belonging ~ embodying process

These workshops will include:

- A discussion and journaling on how we belong as parents when all our focus is on our kids.
 - Creating a belonging map - just for you as the priority
- Learning the 3 framings of altar making and embody yourself into our shared parent altar

*Each session can be attended on its own, or together as a two-part experience.

Spots are limited - Register via: info@jacarandawomenshub.org.au

Free to attend - Materials included

Previous participants please bring your journal books with you from previous circles

Sessions begin at 1 pm – please arrive a few minutes early to settle in comfortably.

***Facilitated by Zoe Jack,
Holistic Kinesiologist and Shamanic Energy Worker at Zode Kinesiology***