

# RESPONDING TO CARER STRESS & RESTRICTIVE PRACTICES IN HOME CARE

STARS 

A FREE online workshop on working with older people, their families and carers



This 90 minute workshop recognises that family and friend carers play a vital role in supporting safe, positive ageing. Restrictive practices can arise from stress, lack of awareness, and fear, rather than any intent to harm.

Join us to learn how to identify and respond to carer stress, and explore practical ways to reduce the risk of restrictive practices.

**When:** Tuesday 22 September, 2 pm to 3:30 pm (AEDT)

**Facilitator:** Wendy Hill, Carers NSW

**Cost:** FREE for CHSP & other aged care staff & volunteers

**Online** via **Zoom** (link to follow)



**Register here**



Funded by the Australian Government Department of Health, Disability and Ageing

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Funded under the CHSP program by the Australian Government Department of Health and Ageing

