

Challenging Stigma & Discrimination

Date: Friday 21 August 2026
Time: 10:00am – 2:00pm
Venue: St George and Sutherland Community College – SGSCC
127-129 Sutherland Road, Jannali NSW 2226

Many people with a lived experience of mental distress are faced with not only recovering from this experience, but also from stigma and discrimination.

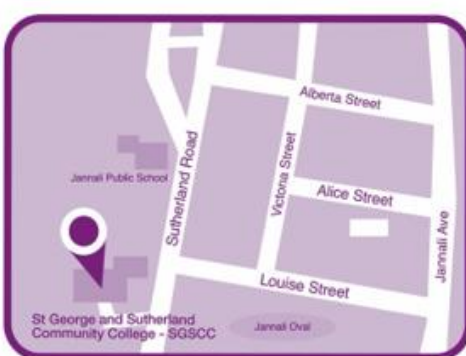
This interactive course will explore the impact of stigma and discrimination. Students will develop some practical strategies for challenging stigma and discrimination in their communities.

To enrol please visit our website:

<https://www.seslhd.health.nsw.gov.au/recovery-wellbeing-college>



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For more information
please contact the
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