



MEDICATION SAFETY PRESENTATION: MEDICINES & OLDER PEOPLE

WHAT SUPPORT WORKERS, CARERS AND FAMILIES NEED TO KNOW
- ONLINE PRESENTATION -

**DATE: THURSDAY 20th
AUGUST 2026**

TIME: 2pm - 3.30pm

PRESENTER:

Andrew North is the Principal of 3 Options Pty Ltd, an Intensive Care Paramedic | Risk Specialist (Medical, Emergency, WHS, Violence). He works with aged care, community and clinical service providers on clinical governance, medication management systems and incident management, and has held senior compliance and training roles in the health services sector.

TO REGISTER:

**SCAN
HERE!**



**LINK TO PRESENTATION
EMAILED DAY PRIOR**

ENQUIRIES 9556 1769 OR EMAIL
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Most older Australians take several medicines every day, and much of the day-to-day support with those medicines is provided by support workers, community workers and family carers.

Body

This session sets out what that support can safely look like: where a carer's role starts and stops, how to prompt and assist without crossing into administering, what to watch for, and what to do when something goes wrong.

WHAT WILL BE COVERED:

- Why medicine safety matters for older people — multiple medicines, side effects & avoidable harm
- Where the line sits: self-managing, prompting, assisting & administering
- Support worker and carer responsibilities — what you can do & what you must not do
- Working from the medication plan, service request form or care plan
- Dose administration aids (ie; Webster-paks) — what they solve & what they do not
- Safe practice at the point of support: hygiene, privacy, positioning, observation & record keeping
- Recognising problems: refusals, missed doses, adverse effects & changes after a hospital stay
- Escalating & reporting — medication incidents, near misses & the Serious Incident Response Scheme
- Supporting choice, dignity & independence, including cultural & religious preferences
- Practical tools: medicines lists, Home Medicines Reviews, safe storage & safe disposal

- INCLUDES 30 MINUTE QUESTION TIME -

This presentation is aligned to the Aged Care Act 2024 and the strengthened Aged Care Quality Standards, the Australian Government's Guiding Principles for Medication Management in the Community (2022), and the medicines legislation applying in New South Wales.

A full reference list is provided to attendees.

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