



Tuning into Kids

For parents in Sutherland
Shire and Georges River

FREE GROUP

Wednesdays for 4 weeks
6:00pm - 8:30pm
The Family Co. Jannali

Starts: 28th Oct 2026
Ends: 18th Nov 2026

For more information
please contact us via
phone or email.
(02) 9528 2933
info@thefamilyco.org.au

Spots are Limited!

Book online or call our office
to secure your place.

Tuning into Kids

**A PARENT EDUCATION WORKSHOP FOR
PARENTS OF 4-10 YEAR OLDS**

**Helps parents and carers support their
child's emotional development and build
stronger relationships with their children.**

- Better understand your child's emotions and behaviour, including what may be behind challenging behaviours and how emotions influence the way children act and communicate.
- Respond to your child's feelings in ways that build connection and trust, helping your child feel heard, supported and understood while strengthening your relationship.
- Support your child to manage big emotions, develop problem-solving skills, and build confidence, resilience and emotional intelligence for the future.

**The
Family
Co.**

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JANNALI, NSW 2226

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