

Carers Week 2026



South Eastern Sydney Local Health District and Carers NSW
invite you to a free information session

A welcoming space for carers to feel seen, supported and connected

When: 12:30 pm - 2 pm, Tuesday 13 October 2026

Where: Eastgardens Library, Ground Floor Westfield Eastgardens,
152 Bunnerong Road

Learn more about:

- Carers NSW
- Free resources for carers
- How carers can access support



Spaces limited, registration essential
Click or scan the QR code to register