



headspace

National Youth Mental Health Foundation

familyspace

Presented by headspace Miranda, Hurstville and Bondi Junction

Join us for an evening of honest conversations about the experience of caring for a young person experiencing mental health difficulties.

Hear lived experiences shared by our Family and Friends Reference Group, and have the opportunity to share alongside a headspace clinician.

Light refreshments will be served.

Register here:



when

Tuesday 27th October 2026

Arrive at 5.15pm for 5:30–6:30pm event

Sign up with QR code below

where

headspace Miranda

5/522 Kingsway, Miranda, New South Wales 2228

contact

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