

Family Recovery

Vapes, Video Games and Teen Wellbeing

Free information webinar
for parents of teenagers



Are you worried about your teen's gaming, screen time, vaping, or changing behaviour? Join us for a practical online session to better understand their challenges and strengthen communication, connection and wellbeing at home.

- 60-minute information webinar for parents and carers of children (aged 8 to 18)
- Online via Zoom
- Practical strategies to address gaming behaviour, screen time, difficult behaviours and experimenting with substances or alcohol.

Our free parenting webinar will be online on Wednesday 7th October from 12pm to 1pm.

Limited spots available and attendees you will receive Zoom link once registered.



For more information, please contact:

Family Recovery program

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SYDNEY