



Ageing Well

Reaping the benefits of your golden years

Join us for a free information session where we'll talk about how to get the best out of your golden years.

Learn about the aged care system, what services can help you achieve your goals and how to access them.

Friday 23 October
10–11.30 AM

Engadine Community Services

1034 – 1036 Old Princes Hwy, Engadine

Morning tea provided

You'll come away with:

- Practical tips for ageing well
- A clearer idea of what matters to you
- Information about My Aged Care



Spaces limited

Scan to register or
call 9520 7022