

Talk to a Women's Health Nurse

Phone: 0408 901 378 or 0457 881 350
for an appointment or further information.
(you can also talk to your doctor)

Free Women's Health Checks are available at:

Rockdale Community
Health Centre

La Perouse Aboriginal
Community Health Centre

Wolli Creek Hub

Menai Community
Health Centre

HealthOne
Sutherland Hospital



If you need an interpreter, please call
Translating and Interpreter Service
(TIS) on **131 450**.

South Eastern Sydney Local Health District

Your next appointment

Date: _____

Time: _____

Address: _____

Women's Health Nurse:

A Women's Health Check could involve:

Cervical screening
How to check your breasts
Contraception advice
Pregnancy planning
6 week post-natal check
Menopause advice
Pelvic floor advice





FREE

Women's Health Checks