

Wayahead & Ending Loneliness Together present

WEBINAR FOR MENTAL HEALTH MONTH

A LITTLE CONNECTION GOES A LONG WAY:

How everyday moments of connection
can support mental wellbeing

Wed 28 October 12 – 1pm (AEDT)

Panellists



**Michelle
Lim**

Ending Loneliness
Together



**Sharon
Grocott**

Wayahead



**Giulia
Fragiacomo**

Weave Youth &
Community Services



**Gohar
Yazdabadi**

Council on the
Ageing NSW

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