KNOW YOUR RIGHTS & STAY SAFE
INFORMATION SESSION



The session help seniors understand their rights, recognise elder abuse and access support for domestic violence. It will also cover rights in aged care services and practical tips for staying safe.

Wednesday 9 December 2026
10:00am – 11:30am
Alf Kay Community Centre, Eastlakes

An information session on:

- Understanding aged care services, your rights, and available advocacy support.
- Recognising elder abuse and domestic violence.
- Staying safe and knowing where to get support.

FREE morning tea, coffee, and light refreshments. Registration essential.
To register please call 02 9562 1617.

Ageing and Disability Commission

Seniors Rights Service

Bayside Council