Fully funded opportunity
for your school community

YOUR CREW

HARRISON RIEDEL FOUNDATION

YourCrew: Starting Strong

Starting Year 7 is about more than finding your classroom.

The move to high school brings exciting opportunities, but also new challenges. Young people are navigating new friendships, different teachers, greater independence increased academic expectations, more time online and the pressure to work out where they fit.

YourCrew: Starting Strong is a practical, evidence-informed program that helps Year 7 students build the skills, confidence, resilience and connections to navigate these challenges and start high school well.

Built around the challenges young people actually face

Starting Strong has been informed by the experiences of young people themselves, as well as the teachers who support them.
Across **8 lessons**, students develop practical skills to:

- navigate friendships and build connections
- develop strategies for managing change, challenges and uncertainty
- understand and respond to their emotions
- build confidence asking for help, recognise when they or someone else may need support and know where to go for help
- make positive choices around technology, online behaviour and AI



Made for real classrooms

YourCrew: Starting Strong is designed to be easy for teachers to deliver in the classroom, with everything provided:

- 8 complete lesson plans
- linked to Level 4 ACARA curriculum
- ready-to-use presentation slides
- engaging classroom activities
- printable student worksheets and resources
- teacher discussion prompts and guidance

Help students do more than settle in.
Help them start strong.

Get started today:

Bring this fully funded program to your school — email **schools@harrisonriedelfoundation.com** to find out more.