South Eastern Sydney
Recovery & Wellbeing College

Course Information Sheet

Beyond Co-Design

Date: **Thursday 26 November 2026**
Time: **10:00am – 2:00pm**
Venue: **Recovery & Wellbeing College**
Unit 2, Ground Floor, Kirk Place
15 Kensington Street Kogarah 2217

Co-design is a term used to describe consumers, carers, families and health workers together to plan services.

But beyond co-design, people with a lived experience are increasingly involved in co-producing and leading mental health services. This includes program delivery, policy development and evaluating services.

In this course students will explore:

- The history, theory & practice of co-design & co-production
- How co-design & co-production can transform individuals and systems
- Using co-design & co-production in your context and workplace

To enrol please visit our website: www.seslhd.health.nsw.gov.au/recovery-wellbeing-college



Photo on Unsplash





For more information please contact the Recovery & Wellbeing College Team

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