Relationship education

Kids Building Bridges



Kids Building Bridges centres on children of separated families. The program is designed to focus on children's resilience and provide strategies to assist through family separation.

This program assists children to:

- Build their resilience, increase protective behaviours and understand their right to be safe in their family
- Understand feelings about family separation and become aware of the family changes
- Recognise they are not alone by building social and emotional competencies
- Increase awareness of support networks
- Recognise healthy and unhealthy relationships
- Develop respect for different types of relationships and make choices that are respectful of others

Cost
$25
(or $15 concession)

What
1 x 2hour group session

When
Wednesday
18 November 2026

4:00 pm - 6:00 pm

Where
Interrelate Caringbah
Level 3, 304-318 Kingsway
Caringbah

Have a chat with us to book or enquire about this course **8522 4400**

interrelate