

CIVIC COTTAGE RESPITE

Care that feels like home

Civic's Cottage Respite service offers a caring and supportive environment for you to stay and recharge.

Civic staff are professional and experienced aged care workers and are available to support you 24/7. We're located in the Sutherland Shire, just a stone's throw from the beach.

WHY CHOOSE CIVIC?

- ✓ Fully accessible accommodation with generously sized private rooms
- ✓ Beautiful outdoor terrace with BBQ area and shared spaces for socialising
- ✓ Home-cooked, nutritious meals
- ✓ Easy access to nearby health & wellbeing facilities
- ✓ Accessible onsite parking available

WHAT IS RESPITE CARE?

Respite care supports you and your carer by giving you both a break for a short period of time. It can help give you and your carer the time and space to do things independently. Cottage respite is available overnight or over a weekend. It can be taken for two to three days at a time.

You may be eligible for respite care if you:

- Are an older person with a carer and your carer is unable to care for you for some reason
- You or your carer need a break from your usual care arrangements
- You are aged 65 years or older (50 years or older for Aboriginal or Torres Strait Islander people)

Note: If you are on a low income, homeless or at risk of being homeless, and aged 50 years or older (45 years or older for Aboriginal and Torres Strait Islander people), please call the My Aged Care contact centre on 1800 200 422 to discuss your situation.

PLANNED RESPITE CARE

Respite care can be planned in advance; for instance, if your carer is planning a trip or has an appointment to attend.

EMERGENCY RESPITE CARE

If your carer is unexpectedly unable to care for you, emergency respite care can help. Situations where emergency respite care might be needed include:

- Death of a primary carer
- Major illness of a primary carer
- An urgent situation that makes it difficult for your carer to look after you.



CONNECT WITH US TODAY

Our Customer Experience Team is here to help you.

Contact Civic on
1300 MYCIVIC (1300 692 484)
or email enquiries@civic.org.au

Scan to find out more about Civic's Aged Care Cottage Respite service.



CIVIC
HUMAN POTENTIAL, REALISED.