

JACARANDA MUMS AND BUBS GROUP

3 December Australian Breastfeeding Association
10 December Sound and music (early communication)
17 December Christmas Party

Motherhood is a wild, beautiful ride – but you don't have to do it alone!
Join our Mums & Bubs playgroup and find your tribe. Whether you're navigating sleepless nights, first smiles, or figuring it all out one nappy at a time, this is a space where you and your baby are truly welcome.

Thursdays during school term

10-12am

Jacaranda Women's Hub
21A Dalley Avenue,
Pagewood, NSW, 2035

jalchin@playgroupnsw.org.au

Come for the chats, the catch ups, the cuddles – and stay for the support, the giggles, and the lifelong friendships.

- Connect, share, and grow – **together.**
- Safe, relaxed space **just for mums and their little ones** (0–18 months)
- **No pressure, no judgment** – just good company and tiny humans

Contact Us
1800 171 882 | jalchin@playgroupnsw.org.au
playgroupnsw.org.au

Playgroup nsw
Community PLAYGROUP